



Fire Protection Training

Procedures Handbook 4300

TOPIC: How To Don Personal Protective Clothing - Structural Fire

LEVEL OF INSTRUCTION: II

TIME FRAME: 30 Minutes

BEHAVIORAL OBJECTIVE:

Condition: A full set of structural fire personal protective clothing

Behavior: The student will don the structural fire personal protective clothing while wearing CDF work pants, T-shirt, with work boots removed.

Standard: With a minimum 70% accuracy, within 90 seconds, according to the job breakdown

MATERIALS NEEDED:

- Structural fire personal protective clothing per student
- Stop watch

REFERENCES:

- CDF Fire Protection Training Handbook, 4305.3

PREPARATION: Proper protective clothing is issued to each firefighter and its use is mandatory. Your personal safety and your value as a crew member depends on your utilization of the personal protective clothing.



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HOW TO DON PERSONAL PROTECTIVE
CLOTHING - STRUCTURAL FIRE

OPERATIONS	KEY POINTS
1. Step into boots	1 a. One foot at a time
2. Pull up pants	2 a. Grasping waist band on either side b. Pulling straight up c. Until fully extended
3. Connect pant fasteners	3 a. Connecting all snaps b. Connecting waist clasp
4. Pull up suspenders	4 a. Over top of shoulders b. No twists c. Adjusting length as needed
5. Put on fire resistive hood	5 a. Pulling onto head b. Base opening first c. Covering head, neck, and ears d. Face through smaller opening
6. Put on coat	6 a. Arms through sleeves one at a time b. Bib of fire resistive hood inside coat
7. Connect coat fasteners	7 a. On front opening of coat b. All internal snaps and fasteners c. All external snaps and fasteners

4305.3.1



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OPERATIONS	KEY POINTS
8. Put on helmet	8 a. Assess for proper fit b. Adjusting headliner as needed
9. Lower helmet shroud	9 a. Edges in full down position b. Draped outside of coat collar
10. Secure helmet chin strap	10a. Under chin b. Assessing for tight fit c. Tightening as needed
11. Fasten collar throat strap	11a. Collar fully extended upward b. Covering back of neck fully c. No twists in straps d. Secure fit
12. Lower helmet face shield	12a. Pulling downward b. To a fully down position
13. Put on gloves	13a. Putting gloves on both hands b. Wristlets fully extended c. Wristlets under cuff of sleeve liner d. Covering all skin

4305.3.1



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APPLICATION:

Student will practice while being supervised and coached by the instructor.

EVALUATION:

A Manipulative Performance Test.

ASSIGNMENT:

To be determined by the instructor(s).